

PREVENT

UNSAFE DRINKING

BEHAVIORS ON CAMPUS

College students drink, binge drink, and engage in heavy alcohol use more than young adults of the same age who are not in college.

In 2019, 53% of full-time college students ages 18 to 22 used alcohol in the past month. By comparison, 44% of young adults ages 18 to 22 who were not enrolled in college full-time used alcohol in a given month.

SAMHSA

Substance Abuse and Mental Health
Services Administration

Source: Center for Behavioral Health Statistics and Quality. (2020). Results from the 2019 National Survey on Drug Use and Health: Detailed tables. Detailed Table 6.21B. <https://www.samhsa.gov/data/report/2019-nsduh-detailed-tables>

BINGE DRINKING

NUMBER OF DRINKS CONSUMED ON
THE SAME OCCASION



5+

HEAVY ALCOHOL CONSUMPTION

BINGE DRINKING ON 5 OR MORE
DAYS IN THE PAST MONTH

33%

of full-time college students (ages 18 to 22) engaged in binge drinking and 8% engaged in heavy alcohol use.

28%

of young adults (ages 18 to 22) not enrolled in college full-time engaged in binge drinking and 6% engaged in heavy alcohol use.

communities
talk 
to prevent underage drinking

To reduce underage, binge, or heavy drinking on your campus, host a **Communities Talk** activity or join the social media conversation using **#CommunitiesTalk**.

For more information, visit StopAlcoholAbuse.gov/CommunitiesTalk.