



(continued on other side)

1. Lay person on their back to administer dose.
2. Remove the spray from the box. (Peel back the tab with the circle to open.)
3. Hold the spray with your thumb over the bottom of the plunger and your first and middle fingers on sides of nozzle.

**DO NOT REMOVE OR TEST THE NARCAN® SPRAY BEFORE USE**



### Instructions for Narcan® Use

- Be sure the person's airway is clear. (Check that nothing is in their mouth or throat that is blocking the airway.)
- Place one hand on the person's chin, tilt the head back and pinch the nose closed.
- Place your mouth over their mouth to make a seal and give 2 slow breaths.
- Follow up with one breath every 5 seconds.

**If someone has stopped breathing, rescue breathing can support respiration! Steps include:**

www.daodpas.sc.gov

Department of Alcohol and Other Drug Abuse Services  
**DAODPAS**  
South Carolina



Please scan this QR code or visit the website below to complete an anonymous survey after Narcan® is used.  
<https://www.surveymonkey.com/r/ReportNarcan>

## HEROIN / OPIOID OVERDOSE RESCUE KIT INSTRUCTIONS

### NARCAN® NASAL SPRAY

### Five Steps for First Responders

1. Check for signs of overdose:
  - No response to calling out to the person or to rubbing the middle of their chest hard, back and forth, with your knuckles.
  - Very slow breathing (less than one breath every five seconds) or no breathing
  - Slow or no pulse
  - Blue lips, fingernails, or toenails
  - Pale and clammy face
  - Snoring or gurgling noises
2. **Call for help (DIAL 911).**
3. Support the person's breathing. (Unfold for complete directions.)
4. Administer Narcan®. (Unfold for complete directions.)
5. Monitor the person's response until emergency personnel arrive.

4. Tilt the person's head back and provide support under the neck with your other hand.



5. Gently insert the tip of nozzle into only **one nostril** until your fingers are against the bottom of the person's nose.



6. Press the plunger firmly to deliver the dose.

7. Remove spray nozzle from the nostril after dose is given.

*An additional dose may be given if the person doesn't begin waking up after 2 to 3 minutes.*

8. If another dose needs to be given, a new nasal spray must be used.

9. Place person in the recovery position and stay with them until emergency services arrive.

