

National  
Suicide Prevention  
Lifeline  
1-800-273-8255(TALK)

# SOUTH CAROLINA YOUTH SUICIDE PREVENTION INITIATIVE

SCYSPI.ORG  
O: 803-896-4740

## Suicide Prevention Resources for Youth and Young Adults

**National Suicide Prevention Lifeline**  
*1-800-273-TALK(8255)*

**Greenville Crisis Line**  
*864-467-8336 or Text 839863*

**Trevor Project  
For LGBT Youth**  
*Call 866-488-7386*

**Trans Lifeline**  
*1-877-565-8860*

**You Matter**  
*www.youmatter-suicidepreventionlifeline.org*  
*You Matter is a safe space for youth to discuss and share stories about mental health and wellness.*

**Society for the Prevention of Teen Suicide**  
*www.sptsusa.org/teens/*  
*SPTS has a teen section where you can find information to help yourself or a friend who may be having suicidal thoughts, as well as how to cope if a friend dies by suicide.*

**Stop Bullying**  
*www.stopbullying.gov*  
*Stop Bullying has information on what bullying is, what cyberbullying is, who is at risk, and how you can prevent and respond to bullying.*

**Crisis Text Line**  
*Text TALK at 741741*

**LoveisRespect**  
*1-866-331-9474 TTY: 1-866-331-8453*  
*or Text "loveis" to 22522*  
*LoveisRespect's purpose is to engage, educate, and empower young people to prevent and end abusive relationships.*

**Maine Teen Suicide Prevention**  
*www.maine.gov/suicide/youth/index.htm*  
*Learn how to get help for yourself and others.*

**It Gets Better**  
*www.itgetsbetter.org/*  
*It Gets Better is a place where young people who are lesbian, gay, bisexual, or transgender see how love and happiness can be a reality in their future. The website has links to Facebook, YouTube, Instagram, Google Plus, Tumblr, and Twitter, where people can send videos and write about their experiences.*

**Ditch the Label**  
*www.ditchthelabel.org/about/*  
*Ditch the Label is the largest anti-bullying support hub in the world. They provide one-to-one and group help, as well as produce widely used self-help guides and materials.*

