

Prevention Quarterly Meeting and Training

*Ashland United Methodist Church
2600 Ashland Road, Columbia, S.C.*

Thursday, August 1, 2019

AGENDA

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| 9:00 am – 9:30 am | Registration /Networking |
| 9:30 am – 10:50 am | Welcome SC DAODAS Updates SCAPPA Updates |
| 10:50 am – 11:00 am | Break |
| 11:00 am - 12:00 pm | Health Disparities in South Carolina Sazid Khan, PhD. SC DAODAS State Epidemiologist / Research Evaluation |
| 12:00 pm – 1:15 pm | Lunch (on your own) |
| 1:15 pm – 3:15 pm | Ask About Suicide to Save a Life Robert Cottingham South Carolina Department of Mental Health Office of Suicide Prevention |
| 3:20 pm – 4:00 pm | SC DAODAS Updates / Wrap-up Evaluations |
| 4:00 pm | Adjourn |

<http://www.scappaonline.org/>

<https://www.facebook.com/scappaSC/>

Session Descriptions and Objectives

Morning Workshop (11:00 am – 12:00 pm)

Title: Health Disparities in South Carolina

Presenter: Sazid Khan, PhD.

Description: This workshop will provide the participants with an introductory background on health disparities through written and visual aids. Examples of health disparities (historically and locally in current time) will be displayed along with general strategies on how to eliminate health disparities. The participants will then be able to break out and identify specific potential health disparities in their counties based on the information discussed during the workshop.

Objective: To provide the participants with a conceptual understanding of health disparities and to provide examples of health disparities in the state identified through substance use-related data.

Afternoon Workshop (1:15 pm – 3:15 pm)

Title: ASK? Ask about suicide to save a life.

Presenter: Robert Cottingham

Description: ASK is a 1.5 to 4-hour workshop for adults who interact with youth or adults at risk for suicide. It provides participants with an overview of the basic epidemiology of suicide and suicidal behavior, including risk and protective factors.

Objective: Participants are trained to recognize warning signs—behaviors and characteristics that might indicate elevated risk for suicidal behavior—and how to intervene with a person they think might be at risk for suicide.

Presenter Biographies

Sazid Khan, PhD, MPH

Sazid Khan was born and raised in West Palm Beach, Florida. He received his B.A. and M.P.H. degrees from the University of Florida and his PhD in Epidemiology from the University of South Carolina. His research at U of SC primarily dealt with identifying gaps in access to HIV testing and predicting HIV-related outcomes, with a focus on rural settings. He has been at DAODAS since May of 2018, first in the capacity as a graduate assistant and presently as a full-time Epidemiologist. Currently, he is an Associate Member of the American College of Epidemiology (ACE) and also serves as a committee member on the College's Ethics Committee.

Robert Cottingham

Originally from Sumter, S.C., Rob Cottingham graduated from the University of South Carolina in 2009 with a bachelor's in Mass Communication. After working with disabled adults for several years, he worked as a journalist for two family owned S.C. newspapers from 2011-2017. Rob joined the SCYSPI team as a training coordinator and facilitator in December 2017.

Slow down. Close your eyes. Breathe deep. Sing yourself a song. You're strong enough to get through this. Take it from someone who knows.

- Rob